




ELEMENTARY GRADES PreK-6 Nov/December 2019 MENU

| MONDAY | TUESDAY | LEAN AND GREEN WED | THURSDAY | FRIDAY |
|---|--|---|--|--|
| 11/25 Chicken Nuggets (13g) & *Bread (12g) Đ Cheese Pizza (27g) <> Turkey Ham & Cheese with Tortilla Strips (25g) & *Bread (12g) | 11/26 Turkey Hot Dog on Bun (21g) Đ for <u>K-6 ONLY</u> Beef and Bean Burrito (45g) Đ Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <> Baked Beans (30g) <> | 11/27  No School | 11/28  No School | 11/29 No School |
| 12/2 Chicken Drumstick (5g) & *Bread (12g) Đ Turkey Sausage/French Toast (40g) Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Đ Green Beans (5g) | 12/3 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) Đ for <u>K-6 only</u> Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <> | 12/4 Dynamite Dippers (25g) & *Bread (12g) <> Đ Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Đ Potato Wedges (14g) | 12/5 Hamburger on Bun (20g) Đ Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D | 12/6 Chicken Patty on Bun (29g) Đ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <> |
| 12/9 Chicken Nuggets (13g) & *Bread (12g) Đ Cheese Pizza (27g) <> Turkey Ham & Cheese with Tortilla Strips (25g) & *Bread (12g) | 12/10 Turkey Hot Dog on Bun (21g) Đ for <u>K-6 ONLY</u> Beef and Bean Burrito (45g) Đ Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <> Baked Beans (30g) <> | 12/11 Cheese & Bean Burrito (40g) <> Macaroni and Cheese (31g) & *Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D | 12/12  Ohio Day Spicy BBQ Beef on Bun (36g) Đ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Ohio Day Squash (9g) | 12/13 Chicken Soft Taco (27g) Salisbury Steak/Gravy (6g) and Potato (18g) & *Bread (12g) Sun Butter/Jelly & Bagel (49g) <> Đ Corn (17g) |
| 12/16 Chicken Drumstick (5g) & *Bread (12g) Đ Turkey Sausage & French Toast (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Green Beans (5g) | 12/17 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) Đ for <u>K-6 only</u> Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <> | 12/18 Dynamite Dippers (25g) & *Bread (12g) <> Đ Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Đ Potato Wedges (14g) | 12/19 Walking Taco (27g) & *Bread (12g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D | 12/20 Chicken Patty on Bun (29g) Đ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <> |

Grams of carbohydrate for each food are listed as (g). Pork, seafood, and nut-containing products are not offered. Menu is subject to change.

*Sliced wheat bread offered with entree.

Đ Dairy-free entrée

<> Plant-based entrée

This institution is an equal opportunity provider, employer, and lender.

Revised 11/25/2019



QR Code for
CCS Food
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Survey



Winter Break: December 23 – January 3

